



LOGISTIC INFORMATION

Belmopan City, Belize.



Phone: (+501)-822-1000

Website: www.ub.edu.bz

Contents

Belmopan City	3
The City of Belmopan a Brief History.....	3
Geography and History of Belize.....	4
National Symbols.....	4
Ethnic Groups and Languages spoken in Belize.....	6
Seasons in Belize Weather and Climate.....	7
Belize Currency and Money Exchange.....	7
Mobile Connectivity and Wi – Fi.....	7
Gastronomy in The Garden City Belmopan	8
Restaurants.....	8
Vegetarian Options	Fast Food..... 9
Bakeries and Coffee Shops.....	9
Market and Food Stalls.....	10
Arts Galleries in Belmopan.....	11
Tourist Attractions.....	11
Accommodations, Health and Transportation	13
Hotels and Accommodations.....	13
Health providers and Pharmacies in Belmopan.....	13
Diplomatic Missions, Embassies and Consulates.....	13
Public and Bank Holidays.....	13
Public and Private Transportation.....	14
University of Belize Contacts.....	15
Emergency Services.....	15
List of Tables and Figures.....	16

Belmopan City

Belmopan is the Capital City of Belize. It is located in the Cayo District at an altitude of 76 meters (249 feet) above sea level. The city was constructed just to the east of the Belize River, approximately 80 kilometers (50 miles) inland from the former capital, Belize City. The decision to build Belmopan came after Hurricane Hattie devastated Belize City in 1961, prompting the need for a new capital on safer terrain. Since its establishment, Belmopan has become one of the newest national capital cities in the world. Independence Plaza marks the center of Belmopan with the administrative buildings and the prime minister's office. Banks, post office, BTL (Belize Telecommunications Ltd) and the immigration office are nearby, the Western Regional Hospital, embassies and the main campus for the University of Belize are all within walking distance.

The City of Belmopan a Brief History



1. **Hurricane Hattie:** In 1961, Hurricane Hattie struck Belize City, causing extensive damage. Approximately 75% of the buildings in Belize City were destroyed. The vulnerability of Belize City due to its low-lying coastal location prompted the need for a new capital on safer terrain.
2. **The Movement for a New Capital:** In the aftermath of Hurricane Hattie, a movement emerged to establish a new capital farther inland. Belize's Premier George Price led a delegation to London to present the plan for a new capital and petition for funds. Secretary of State for the Commonwealth and Colonies Anthony Greenwood visited Belize, and a monument dedicated to the new capital was created in 1965.
3. **Choosing the Site:** The site chosen for Belmopan is about 51 miles west of Belize City. The name "Belmopan" combines two rivers: the Belize River (the country's longest river) and the Mopan River. Construction began in 1967, and the first phase was completed in 1970. The Belize's government offices moved to Belmopan at that time.
4. **Growth and Development:** Belmopan has continued to grow since its establishment. It's location nowadays is in the Cayo District at an altitude of 76 meters (249 feet) above

sea level. Notably, the National Assembly Building was designed to resemble a Maya temple.

Geography and History of Belize

Belize, located on the northeast coast of Central America, is bordered by Mexico to the north, the Caribbean Sea to the east, and Guatemala to the west and south. It has a total of 542 km of land borders, with Mexico to the north-northwest (272 km) and Guatemala to the south-southwest (266 km)². The country's coastline stretches for 386 km along the Caribbean Sea. The name "Belize" is believed to have originated in the Maya Language. According to historical accounts, it was derived from the Maya word "Balix," which means "muddy waters," referring to Belize River. Another theory suggests that the Spanish versions of Indigenous names influenced the name, with "Balis" or "Balize" being used to denote navigational points along the coast.

Is the only English-speaking country in Central America, and by virtue of its geographical location and historical background, is a part of both Central America and the Caribbean. The country therefore participates in the activities of the Central American Integration System (SICA) as well as the Caribbean Community (CARICOM)



The country of Belize consists of six major administrative areas or districts: Corozal in the north, Orange Walk in the north-west, Belize in the east, Cayo in the west, Stann Creek in the south-east and Toledo in the south. The capital of the country, the City of Belmopan, lies in the Cayo District.

The first people to develop Belize were the Maya around 1500 B.C.E. As shown in archaeological records, they established a number of settlements here. These include Caracol, Lamanai and Lubaantun. The first European contact with Belize occurred in 1502 when Christopher Columbus reached the area's coast. In 1638, the first European settlement was established by England and for 150 years, more English settlements were set up in 1840, Belize became a "Colony of British Honduras" and in 1862, it after that became a crown colony in 1973, the region's name was changed from British Honduras to Belize on 21st of September 1981, when full independence was achieved.

National Symbols

1. The flag of Belize:

The flag of Belize was adopted on 21 September 1981, the day Belize became independent. It features a royal blue field with two red narrow horizontal stripes along the top and bottom edges. At the center, there is a large white disk bearing the National Coat of Arms. The coat of arms represents the logging industry, which played a crucial role in British settlement. It includes figures, tools, and mahogany trees. The national motto, "Sub Umbra Floreo" (meaning

“Under the Shade I Flourish”), appears below the coat of arms.



1. National flower:

The **Black Orchid** (*Encyclia cochleatum*) holds a special place in the hearts of the people of Belize as their national flower. Symbolizing Belize’s natural beauty and resilient spirit, the Black Orchid was designed as the national flower when Belize gained independence the 21st of September 1981.



2. National Tree :

The national tree of Belize is the mahogany tree (*Swietenia macrophylla*). These majestic trees, often soaring more than 100 feet into the sky, played a pivotal role in Belize’s history. Their straight trunks and rich grain interiors attracted a motley crew of English seamen and former pirates, who settled in the country and became known as Baymen. Mahogany trees propagate by growing small pear-shaped fruits (inedible for humans) once a year.



3. National Bird:

The keel-billed toucan (*Ramphastos sulfuratus*) became Belize’s national bird due to its striking appearance and its prevalence in the country. Beyond its vibrant plumage, the toucan symbolizes Belize’s rich biodiversity and serves as a living emblem of the nation’s commitment to conservation and environmental stewardship.



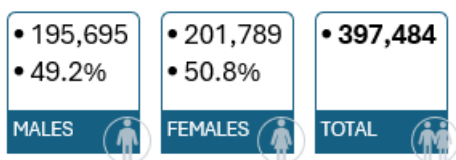
4. The National Animal:

The Baird’s Tapir (locally known as the “Mountain Cow,” *Tapirello bairdii*) is the largest indigenous land animal in Belize. The Tapir has a rich history in Belizean culture. The ancient Mayas revered it as a symbol of fertility, often depicting it in their art and mythology.



Ethnic Groups and Languages spoken in Belize.

Population: census 2022



Population by Ethnic Groups

Mestizo/ Hispanic/ Latino	51.7%
Creole	25.2%
Maya	9.8%
Garifuna	4.0%
East Indian	1.5%
Other	5.6%
Not Stated	2.2 %
Total	100%

Population by Languages Spoken

Language	Percentage
English	75.5%
Spanish	54.0%
Creole	49.0%
Maya Ketchi	6.3%
Maya Mopan	3.9%
German	3.1%
Garifuna	2.0%
Maya Yucatec	0.5%
Chinese	0.4%
Hindi	0.1%
Other	0.7%
Cannot Speak	0.2%
Total	195.7%

Source: Statistical Institute of Belize, 2022 Population and Housing Census.

Belize is the only officially English language-speaking country in Central America. While English is the official language of Belize, Kriol is the language that Belizeans use to speak in their daily life.

Belize is a culturally diverse country, and its population reflects this rich heritage. The major ethnic groups in Belize are:

Mestizo: comprising about the 51.7% of the population, Mestizos have mixed Maya and Spanish ancestry. They are found throughout the country and primarily speak Spanish, but many are also fluent in Belize Kriol and English.

Creoles (Kriols): Creoles account for approximately 25.2% of the population. They are descendants of African slaves brought to Belize to support the logging industry. Over time, they intermarried with Jamaicans, Miskitos, and East Indians.

Maya: The Maya people have lived in Belize since the 2nd millennium BC. Today, they make up about 9.8% of the population. The current Maya population consists of three language groups: Mopan Maya, Q'eqchi' Maya, and Yucatec Maya. They mainly speak Spanish along with Kriol and English.

Garinagu (Garifuna): The Garinagu account for around 4% of Belize's population. They are descendants of Island Caribs and Africans.

Other Ethnic Groups: These include the Mennonites (about 5.6 % of the population), who are of German descent. Additionally, there are smaller groups of Chinese, Taiwanese, East Indians, and other expatriates from the US, UK, and Canada. A blending of cultures has resulted in

one of the happiest and most peaceful countries in the region and a widespread reputation as one of the world's friendliest tourist destinations.

Seasons in Belize Weather and Climate

In Belize, the climate is tropical, with a hot and rainy season from June to October, and cooler season from November to February. Is important to know that from March to May, before the rainy season, the heat gradually increases. Even in winter (November-March) the temperature in Belize rarely falls below 60°F (16°C), while the summer (May-September) temperatures go around 86°F (30°C). Belize also has a hurricane season; it goes from June to October. On average, Belize is hit by hurricanes about twice a year. The last hurricane happened in November 2022 when Hurricane Lisa forced Belize City residents to take shelter due to heavy winds and flooding. Change of seasons here has no effect on time. Belize has no Daylight-saving time. The time is set at GT-6(Central Time) year- round.



Belize Currency and Money Exchange

The official currency of Belize is the Belize Dollar (BZD; symbol BZ\$). The exchange rate is hard pegged to the US dollar at a fixed rate of BZ\$2 to US\$1. Users can exchange currency at most banks and hotels. ATMs in Belize usually accept foreign cards. Additionally, many

businesses accept USD currency. MasterCard, Visa, and AMEX are widely accepted. However, the Mexican peso is not commonly accepted. ATMs are also available across the country, particularly in most tourist destinations- including Placencia, Punta Gorda, Belmopan, Dangriga, Belize City, San Pedro Ambergris Caye, Caye Caulker, Orange Walk, San Ignacio and Corozal. Is important to know Belize Law allows travelers entering the country to bring with them a maximum of U.S. \$5,000. be it in cash, checks or negotiable instruments. This limit is per adult individual.

Mobile Connectivity and Wi-Fi

Though Belize's telecom system is improving, it still does not cover every part of the country. Therefore, Skype, WhatsApp and FaceTime video calls remain effective means of staying connected with friends and family – they provide affordable ways of connecting. Wi-Fi hotspots can also be found at many hotels and restaurants, which is an uncomplicated way to avoid data charges while staying connected.

DigiCell is Belize's most prominent telecommunications company, operating a national GSM cellular network that makes use of smartphones compatible with this technology. DigiCell provides pre-paid bundles and monthly subscription plans suitable for cell phones, laptops and tablets that include unlimited text messaging/data usage as well as voice call minutes – these plans can be found at most electronic stores/gas stations/convenience shops across Belize.

Gastronomy in The Garden City Belmopan



Belmopan, the capital of Belize also called *The Garden City*, may not be as large as some other capitals, but it punches well above its weight when it comes to culinary offerings. The city's diverse culture has led

to an impressive array of restaurants that serve everything from traditional Belizean fare to international cuisine.

Belizean cuisine is also a delightful fusion of flavors influenced by native tribes and the country's coastal location. Here are some traditional dishes you should definitely try :

Fry Jack: A common breakfast dish, fry jacks are pieces of bread dough deep-fried until they puff up. They're served alongside cheese, eggs, refried beans, and jams.

Creole Rice and Beans: A Belizean staple, this dish combines rice and red beans with stewed chicken or beef. It's often served with potato salad or coleslaw.

The following is a brief selection of places to eat around Belmopan:

Restaurants



Chen's Restaurant
Chinese cuisine
1632 Hummingbird Avenue
Phone: + 502-6072818



New Capital Restaurant
Chinese Cuisine
5 Hummingbird Ave. Belmopan
Phone: + 501- 822-1268



Caladium Restaurant
Belizean Cuisine
Market Square, Belmopan
Phone: +501-822-2754



Belizean Food Stop
Belizean Cuisine
7594 Canada Hill Street,
Belmopan
Phone: +501-615-0304



Chon Saan Palace Belmopan
Chinese Cuisine
7299 George Price Blvd.
Phone: + 501- 606-0584



Wings Belmopan
Wings, Burgers, Pizza, Pasta
Nim Li Punit Street
Phone: + 501-636-0048

Vegetarian Options



Veggie Garden Restaurant
Taiwanese vegetarian cuisine
location: 1523 Hummingbird Highway, Belmopan
phone: +501- 600-3118



Simple Life Restaurant
Taiwanese vegetarian cuisine
2323 Hummingbird Highway, Belmopan
Phone: + 501 -637-0376



Everest Nepalese and Indian Restaurant
vegetarian options available
Bliss Parade, Belmopan
Phone: +501-600-8850

Fast Food



Pasquales Pizza & Ultimate Wingz
1537 Constitution Drive, Belmopan
Phone: + 501- 822- 4663



Z's Mad Munchies
Pizza, Hamburgers, fried Chicken
#30 Stann Creek Street
Phone: +501- 627-2921



Ice Point
Chinese and Belizean Dishes
22 Stann Creek Street, Belmopan
Phone: + 501 -604-5849



Papacheras
Fusion of Mexican, Caribbean & American Cuisine
2 Baboon Ave. Mountain View Area
Phone: +501 - 632-6166

Bakeries and Coffee Shops



Casa Pan Dulce
Baked Bread Products
George Price Center Rd. and St. Paul's St.
Phone: +501- 226-3242



Chung Fu Bakery
Taiwanese Traditional Bakery
41 Forest Drive , Belmopan
Phone: 501-822-2765



The Bread Table
Belizean Bakery
Rio Street, Belmopan
Phone: +501- 614-6616



Pluto's Pastries
Desserts and Pastries
3 Caracol, Street, Belmopan
Phone: + 501 -650-3855



Mary's Meat Pies
Meatpies, Waffles and Sandwiches
6 Themash Street, Belmopan
Phone: +501- 802-2561



Formosa Cafe Belize
Coffee, Fruit Smoothies, Bubble Tea, Milkshakes
7 Nim Li Punit Street, Belmopan
Phone: + 501- 822-0888



Casa Cafe (Vegetarian)
Coffee, Donuts and Vegan Snacks
43 Forest Drive, Belmopan
Phone: + 501- 638-2098



Wings and Feathers Cafe & Boutique
Coffee, Pastries and Gift Shop
Phone: +501- 603-1640

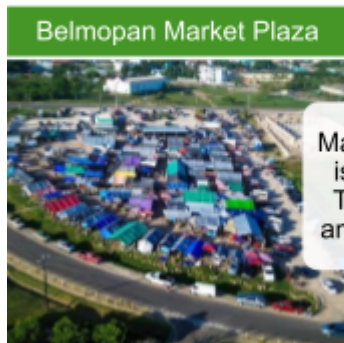


Krazy Coffee
Specialising in coffee Blends
Corner Guadalupe Rd. and George Price Center Road
Phone: + 501- 606- 2821



Moon Clusters Belmopan
Coffee House and Smoothies
East Ring Road, 4 Shopping Center, Belmopan
Phone: + 501- 602-1644

Market and Food Stalls



Market day is every Tuesday and Friday



Opens Daily

Belmopan Market Plaza: Belmopan’s premier open-air Farmers Market located in Bliss Parade Ave. near the Civic Center, is supporting small food, clothing, and artisanal vendors. Market day is every Tuesday and Friday (unless it is a national holiday). Vendors and farmers from Belmopan and nearby villages begin to gather from about 4 a.m. and all-day long buyers can get great deals on fruits, vegetables, dairy products, meats, local treats, clothing, shoes, accessories and much more!

Belmopan Market Square: Belmopan’s Market Square is located near the bus terminal corner Constitution Drive and Bliss Parade. It is a principal place where vendors set up small stalls to sell their products. Anything can be found here including fruits, vegetables, clothes, shoes and electronics.

In both markets you can find food prepared on the spot, some dishes that can be tasted are tamales, tacos, burritos, panades, pupusas, Fry- Jacks , scrambled eggs, at lunchtime you can taste local dishes such as rice and beans, Stew chicken ,rice and cow- food soup and much more at very affordable prices.

Belmopan Market Night:



The Belmopan City Council is the institution in charge of organizing the dates on which the Belmopan Night Market is open, it is a family friendly event where local entrepreneurs offer their products, including traditional Belizean dishes such as rice and beans, barbecue, tacos, different drinks, clothing, home accessories, and activities for children. The Night Market starts at 5 pm and goes on until midnight. Locations are announced on the City Council website.

website <https://belmopancitycouncil.org/welcome/category/night-market>

Arts Galleries in Belmopan

Belize is land of talented artists who seek inspiration in the daily life of the people of Belize, in its nature and varied diversity Below a list of three places full of art and creativity that can be visited in Belmopan is presented.



Expressions By Carolin Carr: Caroline Carr is originally from Kansas United States, with more than 40 years of experience in the creation of works of art which can be visited in her Gallery Museum in Banana Bank Lodge, the technique she uses are oil painting, water paint, all of them inspired by the nature of Belize and its people; show in feeling that each work carries in the details and mixture of colors that tells the story of the jewel Belize in the hands of the talented artist Carolin Carr. <https://www.carolyncarrbelize.com/>

Art Box: Is an artisan store located in the jewel of the Caribbean Belize. In 1995, artists, Johnny and Jill Chiang moved from Taiwan to Belize. Soon after moving, they were inspired by the beauty of Belizean nature and founded Art Box the following year in 1996. Located at the 46.5 George Price Highway It is combination of gallery, store and café with local made furniture, crafts stationary, as well as books bibles and international authors, is the place par excellence to get souvenirs of your visit to Belize; it has also recently incorporated the Craft Kitchen & Cafe where visitors can taste delicious food and snacks such as pizza, salads, sandwiches, ice cream and strong organic coffee Frappuccino's in an atmosphere full of art and tranquility.

The Art Shack Belize: Is a modern art gallery located in Moon clusters Unit #6 Shopping Center, Belmopan offers an exhibition of oil paintings and is a window of exploration for new artists, offers art, painting and illustration courses for children and adults in addition to promoting cultural events, special events for entrepreneurs and artisans and is the best place to get very original paintings and paintings inspired by the beauty of Belize.

Tourist Attractions

Belmopan, the Capital City, has a lot to offer, it seems a quiet place away from the big cities, it hides wonderful treasures, some of them become unforgettable memories when you know them. apart from visiting its art galleries full of creativity and love for art or enjoying its restaurants that are a fusion of cultures and flavors that can satisfy even the most demanding tastes, the adventure does not stop there, below are presented the most iconic places to visit in the City of Belmopan.

Recommended route if coming from Belize City going to the Hummingbird Highway Belmopan.



Accommodations, Health and Transportation

Hotels and Accommodations

The hotel offered in Belmopan is designed to provide spaces for rest and recreation for its guests. Some offer special packages such as horseback riding, golf courses, access to rivers or swimming pools. The rates vary depending on the location, the season of the year, and the different amenities and services provided; In Belize there is a high season (December-May) and a low season (June- October) for tourists, which must be considered into the budget. Additionally, some hotels offer tours organization or transportation to the airport. Table one shows the list of hotels and their contact information located in Belmopan.

Health providers and Pharmacies in Belmopan

Belmopan has health services in different specialties; From family doctors to hospitals with specialists in different medicine sectors, hospitals are equipped with clinical laboratory, pharmacies, and emergency area. Public sector services are intended for residents at more affordable prices and private healthcare centers, depending on the specialty, their cost per consultation may vary. It is advisable to call the health provider and schedule an appointment. Prior to avoiding long waits, also is important to mention about the Doctors in the specialty of odontology most of them has their private clinic and an appointment is strongly necessary for consultation and follow treatments. Due to the high demand of dental services. Laboratories are equipped to do routine tests, more specialized tests can be sent to another country if is necessary to get the most accurate results, but generally regular test

results may be available in less than 24 hours. Some Private laboratories can send the test results as soon as they are available via email as well. The list of the main health centers and pharmacies of Belmopan can be found in Table 2.

Diplomatic Missions, Embassies and Consulates

The list of diplomatic missions in Belize is made up of 39 foreign embassies and consulates from 37 countries around the world, which are mainly located in Belize City, Belmopan and Orange Walk Town for reference of further information is presented in table 3. Also Is advisable visit the website of the embassy or consulates to get to know about the services that are available or get in contact via phone call for any questions prior your visit.

Public and Bank Holidays

Belize celebrates their national holidays each year, with the Easter holiday spanning a four-day celebration. Some of these holidays are religious-based and their dates vary annually based on the lunar cycle. Here is a breakdown of some key holidays in Belize:

New Year's Day (January 1)

George Price Day (January 15) – Commemorates Belize's first Prime Minister, George Cadle Price.

National Heroes & Benefactors Day (March 9) – Originally "Baron Bliss Day," honoring a wealthy Englishman who left his fortune to Belize.

Good Friday, Holy Saturday, and Easter Monday – Moveable holidays based on the church calendar.

Labour Day (May 1) – Also known as International Workers' Day.

Emancipation Day (August 1) – Marks the abolition of slavery.

Commonwealth Day (May 24) – Formerly Sovereign’s Day, honoring the monarch’s birthday.

Saint George’s Caye Day (September 10) – Commemorates a key battle against the Spanish Empire in 1798.

Independence Day (September 21) – Celebrates Belize’s independence from Great Britain in 1981.

Pan America Day (October 12) – Formerly Columbus Day.

Garifuna Settlement Day (November 19) – Honors the Garifuna people, with African and Carib roots.

Christmas Day (December 25) and **Boxing Day** (December 26) – The latter is a day for charitable works or leisure activities.

These holidays are governed by the Holiday Acts in Belize, which specify rules for observance, including replacement days if a holiday falls on a weekend. So, Belizeans get to enjoy these special days throughout the year see a resume of the public and bank holidays for the year 2024 at the table 4.

Top of Form

Bottom of Form

Public and Private Transportation

Belize City and the Philip S.W. Goldson International Airport (PGIA) are hubs for most rental agencies, with localized services available in the larger tourism destinations. Boats, known locally as water taxis, are the primary means of transportation between the islands and the mainland and, of course, to barrier reef attractions. Regularly scheduled water taxis operate between Belize City, Caye Caulker and San Pedro.

Driving in Belize, visitors can rent a car at the Belize International Airport. Car rental companies can be found right in the parking

lot of the airport. Use online maps to reach distinct locations; visitors must be careful with the speed bumps that are used instead of stoplights in many areas.

There are three paved highways running through Belize they are the Phillip Goldson Highway, which runs between the Mexican border and Belize City: the George Price Highway, running between. Belize City to the border of Guatemala; and the Hummingbird Highway which leads to southern Belize.

Buses: Belize City Council operates the bus system, these colorful buses traverse major highways on the mainland, connecting towns and destinations.

Taxis: Independently operated taxis are available for local travel.

Water Taxis: If you are heading to nearby islands like Ambergris Caye or Caye Caulker, water taxis are a popular choice.

Busitos: (Belmopan) those are independent minivans that travel from the market square parking lot, to surrounding neighborhoods including the University of Belize. The fee is \$2.00 BZD per person; they depart every 15 minutes from the parking lot.

Main Bus Companies:

Westline Bus Co. Ltd, Shaw Bus Service, Belize Bus Owner’s Cooperatives (B.B.O.C.) and Floralia bus company operate buses on the Western Zone highways. For better reference, go to figure 1 there is an example of the bus schedule of the Westline Bus company on the route of Belize City, Belmopan, and Benque Viejo del Carmen. There are two payment methods first buy the bus ticket before getting into the bus or pay later with a designated person during the trip only cash Belize dollar and USD dollars are accepted. Buses can be overcrowded in the morning around 7:00 a.m. and 4:00 p.m., especially on Mondays and Fridays. There are two types of services as well; express, that is a non-stop bus, and the regular bus that makes stops during the road

as the person reaches their personal destination on the bus route. To see the details of the schedule of all bus routes consult:

<https://www.belmopanonline.com/belize-bus-schedules>

For shuttle services, consider the following reputable companies:

Belize Shuttle by William: Offers door-to-door transfers throughout Belize, including airport connections.

San Ignacio Shuttles: Provides shuttle services from the airport to Placencia, Hopkins, San Ignacio, and other destinations.

JETS Shuttle Belize: Offers reliable border-to-border transportation services.

Belize Airport Shuttle Service (BASS): Provides shuttle service to various destinations in Belize.

Philip S.W. Goldson International Airport (BZE): Located near Ladyville (about 10 miles north of Belize City), BZE is the primary gateway for international flights to Belize.

Airlines serving BZE include Alaska Airlines, American

Airlines, Delta, JetBlue, Southwest, Tropic Air, United, WestJet, Air Canada, Tag Guatemala and Copa.

Book your airport shuttle in advance for convenience and cost-effectiveness. If you need to reach Belize City for a water taxi to the islands, consider ground transportation options. Belize's airport is small and

manageable, so navigating it should be a breeze.

University of Belize Contacts

If you need assistance during your stay in Belize, you can review the Belize University contact list that appears in the Table 6 they will be able to help with information or assistance with kindness and promptness.

Emergency Services

In Belmopan, emergency services are available, including ambulance services. If you need an ambulance, you can dial 911. The response time can vary, but the services are reliable and efficient.

Additionally, there is a private ambulance service called Belmopan Emergency Service (BES), which operates 24/7 out of Belmopan since 2010. You can reach them at 19 Cardinal Avenue or call +501 802-0355. For other non-emergency services, the U.S. Embassy in Belize provides assistance related to arrests, deaths, serious illness, or being a victim of crimes. You can contact them at +501-822-40113. Other additional services are the Police and Fire Department for reference see Table 8 where the services available to the City of Belmopan are detailed.



List of Tables and Figures

Table 1

Hotels and Accommodations

#	Name	Address	Amenities	Price Rates USD	Rating 1-5
1	<p>Yim Saan Hotel Is a Hotel and Restaurant situated in the entrance of Belmopan on the Hummingbird Highway. The Restaurant menu provides a variety of meals. the hotel features 25 rooms offering Double, Single and King occupancy. The rooms are spacious, clean and comfortable</p>	<p>4253 Hummingbird Highway, Belmopan</p> <p>Phone: + 501-614-1356</p>	<p>Parking Wi-Fi Internet Restaurant Non-Smoking 14 rooms available</p>	<p>Single Room \$115.00 Double Room \$135.00 King Deluxe Room \$ 160.00 Double Queen Room \$175.00</p>	4
2	<p>Bull Frog Inn The Bull Frog Inn in Belmopan, Belize, is an ideal place for both business and leisure. Dining: The Bull Frog Restaurant is a premier dining place that offers quality local and international cuisine. Additionally, there is a popular Bull Frog Bar where you can interact</p>	<p>25 Halfmoon Avenue, Belmopan</p> <p>Phone: +501-822-2111</p>	<p>Air conditioning Bath/ Shower Refrigerator Non-Smoking rooms</p>	<p>Single Room \$ 87.50 + 9% Taxes Double Room \$ 102.50+ 9% Taxes</p> <p>Each additional person \$15.00</p>	3

#	Name	Address	Amenities	Price Rates USD	Rating 1-5
	and enjoy your favorite beverages				
3	<p>El Rey Hotel</p> <p>The El Rey Hotel in Belmopan, Belize, is a small property with a big heart. It has received excellent reviews from guests. Is located in a quiet residential area. Rooms are comfortable, and amenities include air conditioning, wake-up service, and private bathrooms.</p>	<p>23 Moho Street, Belmopan</p> <p>Phone: +501-822-3438</p>	<p>Parking Wi-Fi Airport transportation Non-Smoking Restaurant Concierge Laundry service</p>	\$68.00 per person	4.5
4	<p>GM Suites Bed and Breakfast</p> <p>GM Suites Bed & Breakfast in Belmopan, Belize, offers a pleasant stay in a quiet residential neighborhood. The property has received particularly good reviews, with guests appreciating the cleanliness, spaciousness, and accommodating family.</p>	<p>6/8 Starkey Hill, Belmopan</p> <p>Phone: +501-627-0368</p>	<p>Free parking Breakfast available Children activities Non-smoking WIFI Children's playground</p>	\$61.00-\$75.00 (excluding taxes)	4
5	<p>Hacienda Tropical Guest House</p> <p>Hacienda Tropical Guest House is in central Belmopan and offers free Wi-Fi access. This smoke-free property allows smoking outside and has outdoor furniture for guests' use.</p>	<p>St. Paul Street, Cor. San Martin Avenue.</p> <p>Phone: +501-631-9487</p>		\$45.00 includes taxes and fees.	4.5

#	Name	Address	Amenities	Price Rates USD	Rating 1-5
6	<p>Banana Bank Lodge</p> <p>Here visitors find adventure, great food, congenial hosts, exotic artwork, and memories to last a lifetime. American and local cuisine dining, designer 65,000-gallon pool, 16" computerized telescope, Cafe Carolina, John Carr's Historical Collection, Carolyn Carr Art Gallery, birding experts, tour guides, cowboys and our helpful, friendly staff</p>	<p>Entry at Mile 49 George Price Highway, Belmopan</p> <p>Phone: +501-673-2020</p>	<p>Parking Pool Hiking Baby-sitting WIFI Free Breakfast Horseback riding Children activities</p>	<p>\$121.00 include taxes and fees.</p>	4.5
7	<p>Kiki Witz Resort</p> <p>The resort offers cozy private cabins, providing a peaceful escape where Guests can reconnect with both their inner self and Mother Nature.</p>	<p>Mile 46 George Price Highway, Belmopan.</p> <p>Phone: +501-615-5300</p>	<p>Parking Pool Restaurant Bar/ Lounge Laundry service</p>	<p>\$131.00 includes taxes and fees</p>	4.5
8	<p>Sattva Land</p> <p>At Sattva Land, you'll experience healing, relaxation, and connection with nature. Whether you're attending a retreat or seeking a personal gateway, this place offers stunning accommodations, a natural swimming pool, and a workshop space for deep transformation</p>	<p>Mile 21 Hummingbird Highway, Belmopan</p> <p>Phone: +501-614-4366</p>	<p>Parking Pool Breakfast Non-Smoking Hotel WIFI Fitness Center with Gym Children Activities</p>	<p>\$98.00 includes taxes and fees</p>	5
9	<p>The Inn at Twin Palms</p> <p>The Inn at Twin Palms is located on a private estate</p>	<p>54 Hummingbird</p>	<p>Free Parking Pool Books Chapel</p>	<p>Single Room \$135.00 + 9% taxes</p>	5

#	Name	Address	Amenities	Price Rates USD	Rating 1-5
	with secured, ample parking just off the Hummingbird Highway in Belmopan, 0.5 Miles from downtown.	Highway, Belmopan Phone: + 501-610-2831	Wi-Fi Car hire Non-Smoking Hotel	Double Room \$ 140.00 + 9% taxes Suite \$140.00 + 9% taxes	
10	Roaring River Golf & Accommodations Offering the only public golf course on the mainland, just a few minutes outside of Belmopan City. Golf course is a Par 64, Eco friendly course, featuring lots of trees, 120+ species of birds, resident crocodiles, iguanas, and a clear river	Roaring River Drive, Belmopan Phone: + 501-613-4655	Parking Lazy river Golf Course Children's TV network Internet Horseback riding Airport Transportation	Doble Room 2 persons breakfast included Association member rate \$250.00 Corporate Room Rate \$290.00 Standard Rate \$320.00	5
11	Villa San Juan Is a charming Bed & Breakfast. The rooms are clean and well-maintained. The peaceful residential setting ensures a tranquil stay.	17 Tangelo Street, Cohune Walk, Belmopan Phone: + 501-610-0618	WIFI Pool Non-Smoking Free Breakfast	\$68.00 (taxes and fees no included)	5
13	Hibiscus Hotel Boutique hotel in the heart of Belmopan. Government buildings, the bus station, and the market are two minutes' walk away. The hotel has the now famous	Melhado Parade, Belmopan Phone: + 501-630-1045	Parking Wi-Fi Dry Cleaning Non-Smoking	price: \$119.90 per night (\$60 US, including 9% hotel tax) for 2 persons. \$109.00 per night (\$55 US,	4

#	Name	Address	Amenities	Price Rates USD	Rating 1-5
	Corkers Restaurant with a selection of local and international food		Laundry Services	including 9% hotel tax) for 1 person. \$119.90 per night (\$60 US, including 9% hotel tax) for 2 persons. \$109.00 per night (\$55 US, including 9% hotel tax) for 1 person.	
1 4	KenMar's Bed and Breakfast is a wonderful place to stay the rooms are Very comfortable, spotlessly clean, and well-equipped with amenities like TV, microwave, refrigerator, coffee pot, iron, and hair dryer.	24 Halfmoon Avenue, Belmopan Phone: + 501-822-0118	Parking Free Breakfast Wi-Fi Pool Laundry Service Non-Smoking	Standard Room \$163.50 Double Room \$185.30 Deluxe Special \$228.98 Deluxe Suite \$272.50	5
1 5	Monkey Bay Wildlife Sanctuary Monkey Bay Wildlife Sanctuary is an environmental education center offering Belize Study Abroad experiential learning programs and training opportunities while serving as a model of conservation land Stewardship.	Mile 31.5 George Price Highway, La Democracia Village, Belmopan Phone: +501-832-72-34	Parking Wi-Fi Shuttle bus service. Restaurant Non-Smoking Hotel	Deluxe Cabin \$119.90 Family Mountain Cabins \$119.90 Howler Cabin \$119.90 Camping \$11.99 per person (check moth availability)	4.5
1 6	Rock Farm Guest House Rock Farm offers spacious, clean, modern, air-conditioned	Roaring River, Belmopan Phone:	Parking Lazy river Hiking	\$131 includes taxes & fees	5

#	Name	Address	Amenities	Price Rates USD	Rating 1-5
	accommodation in a rural setting on the outskirts of Belmopan.	+501-610-0400	Airport transportation Bar/ Lounge Horseback riding		
1 7	Cheers Cabañas Cheers is uniquely positioned in the center of the country. Ideal to make a home base as you explore everything Belize has to offer. 30 minutes from Belize City and 20 minutes from Belmopan. Just a short drive to cave tubing and zip lining. Only three miles from the Belize Zoo.	Mile 31 & ¼ George Price Highway, Belmopan Phone: + 501-822-8014	Soundproof rooms Parking Canoeing offsite Gift shop. Laundry Service Restaurant Pets allowed.	\$68.00 no taxes and fees includes	4.5
1 8	Jaguar Creek Nestled in the rainforests of Belize, our private bungalows offer the perfect balance of adventure and relaxation for your family.	Mile 42, Hummingbird Highway, Belmopan Phone: +501 610 2034	Parking Lazy river Bicycle rental. Kid's outdoor play equipment Wi-Fi Bar/ Lounge Airport transportation	\$131.00 includes taxes and fees	5
1 9	Ghan Eden – Agua Clara Eco Park Affordable luxury on 63 pristine acres along the beautiful Caves Branch River. Private kitchens and baths. Hiking paths, playground, beach volleyball, golf driving	1000 Camino del rio, off of mile marker 37 of George Price Highway, Belmopan. Phone: +501-676-1109	Parking Lazy river Beach Books, Music for Children Wi-Fi Breakfast available Bicycles	Rates \$95.00 -\$130.00	5

#	Name	Address	Amenities	Price Rates USD	Rating 1-5
			Children activities		
20	Hummingbird Guest Lodge & Hostel This budget-friendly lodge offers dorms, private shared rooms, and a pristine creek perfect for swimming. Guests can enjoy free Wi-Fi, nature hikes, and a manicured garden of organic fruit trees.	Mile 29, Hummingbird Highway, Belmopan Phone : +501-676-1109	Parking Pets Friendly	\$125.00 (taxes and fees included)	4
	Sleeping Giant Rainforest Lodge Is a picturesque oasis nestled in the heart of the Maya Region some of the activities On-site options include hiking, kayaking, paddleboarding, horseback riding, and pool relaxation.	Mile 36 Hummingbird Highway, Belmopan Phone: +1 (888) 822-2448	Parking Pool Bicycle rental. Highchairs Wi-Fi Bar/ Lounge Couples massage	\$227.00 total includes taxes and fees	5

Note: Information taken from Trip Advisor website www.tripadvisor.com and the official pages of each hotel

Table 2

Health Providers and Pharmacies in Belmopan

Name of Medical Facility	Address	Phone Numbers
St. Luke Medical Center	Mountain View Boulevard, Belmopan.	Phone: +501-822-2379 Mobile: +501-610-3725
Belmopan Medical Center	Garbutt Street Extension, Belmopan.	Phone: + 501-822-3179
Garden City Medical Center	5 Power Lane, Belmopan	Phone: +501-674-7259
Western Regional Hospital	N Ring Road, Floriana Drive, Belmopan.	Phone: + 501-822-2263

Pharmacies		
Best Care Pharmacy Ltd	18 St Martin Ave, Belmopan.	Phone: +501 822-2776. Hours: Open daily from 8:00 AM to 9:00 PM
Medicare Plus Pharmacy	1357 Market Square, Belmopan	Phone: +501 634-0342. Hours: Monday to Friday from 7:30 AM to 5:30 PM, and Saturday from 7:30 AM to 3:00 PM
Health & Body Essentials	54 Hummingbird Hwy, Belmopan	Phone: +501 624-0201
Codd's Pharmacy	1451 Constitution Drive ,Belmopan	Phone: +501 672-6711.
Market Square Drug Store	Lionel Del Valle Loop, Belmopan	Phone: +501 822-0045.
James Brodies & Sons	E Ring Rd, Belmopan	Phone: +501 822-3078.
St. Luke's Medical Center	Mountain View Blvd. Belmopan	Phone: + 501- 822-2379

Note: In pharmacies you can buy over-the-counter medicines, but in the case of antibiotics it is necessary to present the prescription made by a doctor. In the case of visiting a private medical institution, it is necessary to make an appointment in advance to avoid long waiting times.

Table 3.

Diplomatic Missions, Embassies and Consulates

Country	Information
Asia: 2 diplomatic missions	
Japan: Honorary Consulate in Belize City, Embassy in Belmopan	The Embassy of Japan in Belize is located at Toucan Plaza, 7299 George Price Boulevard, Belmopan, Cayo District. Phone:+501-822-1202. For consular matters, contact them via email at info-belize@bf.mofa.go.jp or ryoji@bf.mofa.go.jp Additionally, there is an Honorary Consulate of Japan in Belize City. It is situated at 16 A Street, The Bentley Apartments in Belize City. phone at (+501) 610-4033 or via email at monty223@hotmail.com
Central America and Caribbean: 11 diplomatic missions	
Bahamas: Honorary Consulate in Belize City	The Bahamian Honorary Consulate in Belize City is located at 1440 Coney Drive. Phone (+501) 223-2267 or (+501) 227-7132 extension 139. For consular matters, reach out via email at belizehcmofa@bahamas.gov.bs or jmarsh@btl.net
Barbados: Honorary Consulate in Belize City	The Barbadian Honorary Consulate in Belize City is situated at 1161 Coney Drive. Phone (+501) 223-1915. Email at avasquez@btl.net

Costa Rica: Embassy in Belmopan	Located at No.1 Orchid Garden Street Phone: +501-822-0351
Cuba: Embassy in Belize City	Intelco Road No.8 in Buttonwood Bay phone: +501 822-1336 email at embacuba@btl.net.
El Salvador: Embassy in Belmopan	20 Tangerine Street in Cohune Walk Area phone at +501 822 0860 or +501832-2404 / 832-2569 email embasalvabelize@yahoo.com and embajadabelice@rree.gob.sv.
Guatemala: Embassy in Belize City, Consulate General in Benque Viejo Del Carmen	8 A Street, King's Park , Phone: + 501-223-3150 or +502-223-0243 E mail: embbelice1@minex. Gob.gt
Honduras: Embassy in Belize City	No. 6 'A' Street in Kings Parks Area. Phone: + 501-224-5889 Email: embajadahonduras.belice@gmail.com
Jamaica: Consulate General in Belize City	#9 Queen Elizabeth II Boulevard. Phone: +501- 822-2183 Email: Jamaicaconsulgeneral.bz@gmail.com
Nicaragua: Consulate General in Belize City	1 South Street Belize City Belize, Phone: +501 224-4448 / 4460 Email: consulnicbz@yahoo.es
Panama: Embassy in Belize City	6087 Manatee Drive, Button Wood Bay, Belize City, Belize . Phone: +501-223-0209 Email: embpanamabelice@mire.gob.pa and mboza@mire.gob.pa
Europe: 17 diplomatic missions	
Austria: Consulate in Belize City	15 Barrack Road, 3Rd Floor, Belize City, Belize. Phone: +501 223 1013 Email: info@lawbelize.bz
Belgium: Honorary Consulate in Belize City	5916 Manatee Drive, Buttonwood Bay Belize City Belize Phone: +501 671 07 49 and +501 671 07 48 Email: davidgegg@discoverybelize.com
Czech Republic: Honorary Consulate in Orange Walk Town	6 Westby Street, Orange Walk Town P.O .Box 164, Belize Phone: +501 322 22 25, +501 322 33 73 Email: orangewalktown@honorary.mzv.cz
Denmark: Honorary Consulate in Belize City	Ethnikis Palaiokastritsas 60, Solari Belize City Belize Phone: +501 3133 2215 Email: staeme@um.dk
Finland: Consulate General in Belize City	Finnish Consulate C/O Provident Bank Building 35 Barrack Road, Suite 301 Belize City Belize Phone: +501 223 3738 +501 223 3530
France: Consulate in Belize City	104 Barrack Road P. O. Box 976 Belize City Belize Phone: + 501 223 0896/ + 501 224 5415 / 610 2299 Email: jvhonfrenchconsul@gmail.com anjzar@gmail.com
Germany: Honorary Consulate in Belize City	C/O Karl H. Menzies Co. Ltd., 104 Barrack Road, P.O. Box 468, Belize City, Belize. Phone: +501 223 08 96, Email: belize-stadt@hk-diplo.de
Italy: Consulate General in Belize City	18 Albert Street Belize City Belize, Phone: +501 277-8449 ; +501 227-3086.

Malta: Honorary Consulate in Belize City	Alpha Business Center, 2118 Guava Street, Belize City, Central America, Belize. Phone: + 501 223 2323 Email: maltaconsul.belize@gov.mt
Netherlands: Honorary Consulate in Belize City	12 Esquina Baymen Avenue & Calle Al Mar Belize City, Belize. Phone: +50 122 329 53 Email: mch@bakertillyhulse.com
Norway: Consulate General in Belize City	870 Market Street, Belize City Belize. Phone: +501 (801) 363-0955
Russia: Consulate General in Belize City	18 Cor. A & Princess Margaret Drive P.O. Box 267 Belize City Belize. Phone: +501 223 – 0553 Email: belruscon@gmail.com
Spain: Consulate General in Belize City	#8 D Street King's Park Belize City Belize. Phone: +501 610 – 1615 Email: lmts@hotmail.com; lmts@lmtslogic.com
Sweden: Honorary Consulate in Belize City	2 Daly Street, P.O. Box 94, Belize City, Belize. Phone: +501 22 456 58 Email: gayuso@btl.net
Switzerland: Consulate General in Belize City	C/O Sea Sport Belize 83 North Front Street Belize City Belize. Phone: +501 223-5505. Email: belize@honrep.ch
Turkey: Consulate General in Belize City	53, Prvi Mai Boulevard Belize City Belize. Phone: +501 224-4158
United Kingdom: High Commission in Belmopan	North Ring Road/Melhado Parade (Entrance Via North Ring Road) Po Box 91 Belmopan Belize. Phone: +501 822 2146/2147 Email: brithicom@btl.net
North America: 3 diplomatic missions	
Canada: Consulate General in Belize City	The Renaissance Tower Of Belize, # 8 Newtown Barracks, Belize City, Belize. Phone: +501 223-1060 Email: Belize-City@international.gc.ca
Mexico: Embassy in Belmopan	3 North Ring Road, Embassy Square Belmopan, Belize, Ca. +501 822 0406 Email: embamexbze@btl.net
United States: Embassy in Belmopan	Floral Park Road Belmopan, Cayo, Belize. Phone: (501) 822-4011 https://bz.usembassy.gov/embassy/
South America: 6 diplomatic missions	
Brazil: Embassy in Belmopan	12 Floral Park Avenue P. O. Box 548 Belmopan Belize. Phone: +501 822 0460 Email: brasemb.belmopan@itamaraty.gov.br and brazilinbelize@gmail.com
Chile: Consulate General in Belmopan	Avenue Terrasson De Fougères Immeuble Union Européenne Belmopan Belize. +501 (0) 777 757 824; +501 (0) 777 757 826
Ecuador: Consulate General in Belmopan	1.5 Milles Arenal Road Benque Viejo Cayo District Belmopan Belize. Phone: +501 823-2295 Email: consulecuador@btl.net
Guyana: Honorary Consulate in Belize City	27 Ridge Lagoon Estates Lady Ville, Belize District, Belize. Phone: +501 225 3863 Email: hughasaul@hotmail.com
Peru: Honorary Consulate in Belize City	C/O Love Fm Slaughterhouse Road Belize City Belize. Phone: +501 223-2098 and +501 223-0528 Email: eruconsul1@gmail.com and peruconsul@btl.net

Venezuela: Embassy in Belmopan	17 Orchid Garden, Belmopan, Belize. Phone: +501 8222384 Email: embaven@btl.net
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Note: Information taken from <https://embassies.net/belize>.

Table 4

Public and Private Transportation in Belmopan

Providers	Address	Information
Belmopan Bus Terminal	Corner of Constitution Dr. & Bliss Parade. Towards the Southwest corner of the government campus.	Open Daily from 5:00 a.m. to 9:00 p.m.
Belmopan Taxis Services	Taxis in Belize are private cars, they do not have the yellow color characteristic of other cities, they are identified by the green color on their license plates, they can generally be boarded at the entrances of the bus terminals, the rates vary according to the distance and number of passengers, the basic rate is \$6.00 to \$7.00 Belize dollars, they only accept cash payments.	Schedules vary between different providers as do fares. Taxis contacts in Belmopan are : D's Taxi service Phone: +501-605-2994. Barry Pascacio Taxi Services Phone: +501-604-5850 Rudolph Pascacio Taxi Service: + 501-607-3608
Busito Parking Lot	The Belmopan Market Plaza is in the preliminary stages of constructing a Busito Terminal directly across from the new market plaza. Currently the busitos can be boarded at The Belmopan Market Square Parking lot.	Monday to Friday from 6:00 a.m. to 6:00 p.m. regular bus The regular bus fare is two Belizean dollars per person (\$2.00BZD) cash payment only.

Table 5

Public and Bank Holidays

Day	Date	Occasion
Monday	1st January	New Year's Day
Monday	15th January	George Price Day
Monday	11th March	National Heroes and Benefactors Day (in lieu of Saturday, 9th March)
Friday	29th March	Good Friday

Saturday	30th March	Holy Saturday
Monday	1st April	Easter Monday
Monday	29th April	Labour Day (in lieu of Wednesday, 1st May)
Thursday	1st August	Emancipation Day
Tuesday	10th September	St. George's Caye Day
Saturday	21st September	Independence Day
Monday	14th October	Indigenous Peoples' Resistance Day (in lieu of Saturday, 12th October)
Tuesday	19th November	Garifuna Settlement Day
Wednesday	25th December	Christmas Day
Thursday	26th December	Boxing Day

Note : This list was prepared for the year 2024, the Holidays remain valid in different years, Sometimes days may vary depending on the current year.
<https://www.pressoffice.gov.bz/public-and-bank-holidays-2024/>.

Figure 1
 Westline Bus Schedule

Bus Schedule Westline Bus Co. Ltd



Safe, Reliable, Dependable
 Westline Bus Co. Ltd. Contacts:
 BELIZE CITY: 615-3942/43
 BELMOPAN: 615-3946/611-3371/611-3150
 BENQUE VIEJO: 615-8223/611-3544/611-4598
 CHARTERS: 615-3944 & westlinemgr@gmail.com

SCHEDULE ON OUR  WESTLINE BUS CO. LTD

BELIZE CITY TO BENQUE VIEJO AM					
DAYS OF OPERATION	BUS SERVICE TYPE	DEPARTURE TIMES FROM:			ARRIVAL TIME AT
		BELIZE CITY TERM.	BELMOPAN TERM.	WELCOME CENTER	BENQUE TERMINAL
MON-FRI	REGULAR	5:00 AM	6:30 AM	7:45 AM	8:00 AM
MON-SAT	REGULAR	6:00 AM	7:30 AM	8:45 AM	9:00 AM
MON-FRI	EXPRESS	7:00 AM	8:15 AM	9:15 AM	9:30 AM
SAT & SUN	REGULAR	7:00 AM	8:30 AM	9:45 AM	10:15 AM
MON-FRI	REGULAR	7:30 AM	9:00 AM	10:15 AM	10:45 AM
MON-FRI	REGULAR	8:30 AM	10:00 AM	11:15 AM	11:45 AM
TUE, WED, THU	REGULAR	8:45 AM	10:15 AM	11:30 AM	12:00 PM
SUN	REGULAR	9:00 AM	10:30 AM	11:45 AM	12:15 PM
MON-SAT	REGULAR	9:30 AM	11:00 AM	12:15 PM	12:45 PM

BENQUE VIEJO TO BELIZE CITY AM					
DAYS OF OPERATION	BUS SERVICE TYPE	DEPARTURE TIMES FROM:			ARRIVAL TIME AT
		BENQUE TERMINAL	WELCOME CENTER	BELMOPAN TERM.	BELIZE CITY TERM.
MON-SAT	EXPRESS	5:15 AM	5:45 AM	6:45 AM	8:00 AM
MON-SAT	REGULAR	5:15 AM	5:45 AM	7:00 AM	8:30 AM
MON-FRI	EXPRESS	5:45 AM	6:15 AM	7:15 AM	8:30 AM
MON-SAT	REGULAR	5:45 AM	6:15 AM	7:30 AM	9:00 AM
MON-FRI	EXPRESS	6:15 AM	6:45 AM	7:45 AM	9:00 AM
SAT & SUN	REGULAR	6:15 AM	6:45 AM	8:00 AM	9:30 AM
MON-FRI	GOB WKS EXP	6:30 AM (BVO-BMP)	7:00 AM	7:45 AM	-
MON-FRI	GOB WKS EXP	6:45 AM (BVO-BMP)	7:15 AM	8:00 AM	-
MON-SAT	REGULAR	7:00 AM	7:30 AM	8:45 AM	10:15 AM
MON-SAT	EXPRESS	8:00 AM	8:30 AM	9:30 AM	10:45 AM
MON-SUN	REGULAR	8:00 AM	8:30 AM	9:45 AM	11:15 AM

BENQUE VIEJO TO BELIZE CITY PM					
DAYS OF OPERATION	BUS SERVICE TYPE	DEPARTURE TIMES FROM:			ARRIVAL TIME AT
		BENQUE TERMINAL	WELCOME CENTER	BELMOPAN TERM.	BELIZE CITY TERM.
MON-SAT	EXPRESS	12:30 PM	1:00 PM	2:00 PM	3:15 PM
MON-SUN	REGULAR	1:00 PM	1:30 PM	2:45 PM	4:15 PM
MON-SUN	REGULAR	2:00 PM	2:30 PM	3:45 PM	5:15 PM
MON-SUN	REGULAR	3:00 PM	3:30 PM	4:45 PM	6:15 PM

*BZE CITY: [615-3942/43] * [BMP: 611-3371/3150 & 615-3946] * [BENQUE: 615-8223/611-3544/4598]

PUBLIC & BANK HOLIDAYS' BUS SCHEDULE IS THE SAME AS SUNDAY RUNS

For Charters: - westlinemgr@gmail.com 615-3944

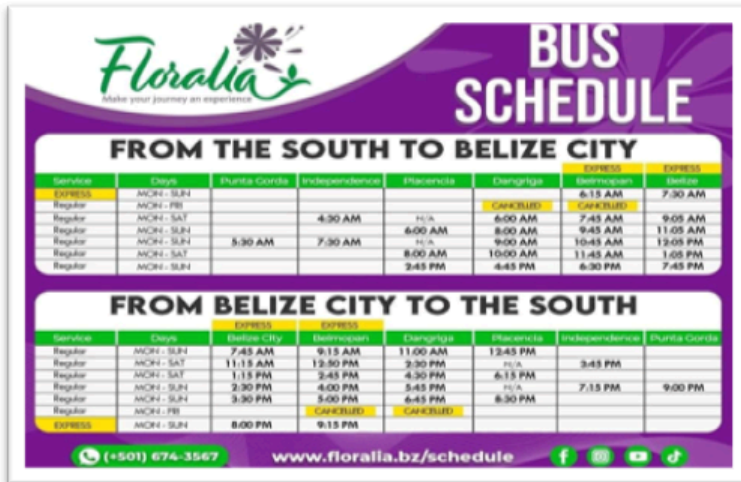
BELIZE CITY TO BENQUE VIEJO PM					
DAYS OF OPERATION	BUS SERVICE TYPE	DEPARTURE TIMES FROM:			ARRIVAL TIME AT
		BELIZE CITY TERM.	BELMOPAN TERM.	WELCOME CENTER	BENQUE TERMINAL
MON-SUN	REGULAR	3:00 PM	4:30 PM	5:30 PM	6:00 PM
MON-SAT	EXPRESS	4:00 PM	5:15 PM	6:15 PM	6:30 PM
MON-SAT	REGULAR	4:00 PM	5:30 PM	6:45 PM	7:15 PM
MON-SAT	REGULAR	4:30 PM	5:45 PM	7:00 PM	7:30 PM
MON-FRI	GOB WKS EXP	-	4:30 PM	5:30 PM	6:00 PM
MON-FRI	GOB WKS EXP	-	5:00 PM	6:00 PM	6:30 PM
MON-SAT	EXPRESS	5:00 PM	6:15 PM	7:15 PM	7:30 PM
MON-SUN	REGULAR	5:00 PM	6:30 PM	7:45 PM	8:15 PM

*BZE CITY: [615-3942/43] * [BMP: 611-3371/3150 & 615-3946] * [BENQUE: 615-8223/611-3544/4598]

PUBLIC & BANK HOLIDAYS' BUS SCHEDULE IS THE SAME AS SUNDAY RUNS

For Charters: - westlinemgr@gmail.com 615-3944

Floralia Bus Schedule



Floralia
Make your journey an experience

BUS SCHEDULE

FROM THE SOUTH TO BELIZE CITY

Service	Days	Punta Carda	Independence	Placencia	Dangriga	Belmopan	Belize
EXPRESS	MON - SUN					6:15 AM	7:30 AM
Regular	MON - FRI				CANCELLED	CANCELLED	
Regular	MON - SAT		4:30 AM	6:00 AM	8:00 AM	9:45 AM	11:05 AM
Regular	MON - SUN	5:30 AM	7:30 AM	8:00 AM	10:00 AM	11:45 AM	1:05 PM
Regular	MON - SAT			3:45 PM	4:45 PM	6:30 PM	7:45 PM

FROM BELIZE CITY TO THE SOUTH

Service	Days	EXPRESS	EXPRESS	Dangriga	Placencia	Independence	Punta Carda
Regular	MON - SUN	7:45 AM	9:15 AM	11:00 AM	12:45 PM		
Regular	MON - SAT	11:15 AM	12:30 PM	2:30 PM	4:15 PM	3:45 PM	
Regular	MON - SAT	1:15 PM	2:45 PM	4:30 PM	6:15 PM		
Regular	MON - SUN	3:30 PM	4:00 PM	5:45 PM	8:30 PM	7:15 PM	9:00 PM
Regular	MON - FRI		CANCELLED	CANCELLED			
EXPRESS	MON - SUN	8:00 PM	9:15 PM				

Call (+501) 674-3567 | www.floralia.bz/schedule



Table 7

University of Belize Contacts

Name	Department	Phone
Mr. Egbert Irving	Director-Institutional Advancement	614-9425
Mr. Arnulfo Kantun	Business Development Officer	613-8272
Mr. John Salam	Director-Public Safety	602-5558
Dr. Martin Cuellar	Dean- Student Affairs	615-3654

Table 8

Emergency Services

Institution	Address	Contact Information
Belmopan Police Station and Headquarters	Bliss Parade, Belmopan	+501-822-2222 911 Operating hours: Monday to Friday, 9:00 AM. To 5:00 PM

Belmopan Emergency Service (BES)	19 Cardinal Avenue, Belmopan	BES is a private ambulance service operating 24/7 in Belmopan since 2010. They provide emergency y medical assistance. Phone: + 501-802-0355
Belmopan Fire Station	Bliss Parade Ave, Belmopan	Police Station and Fire Station share the same location) Phone: +501-822-2311

Table 9

Complementary List of Restaurants and Supermarkets

Supermarket Name	Contact Information
Supermarkets 168 Shopping Center	2 Mahogany St. +501 822-3926
99 Shopping Center	Nim Li Punit St.
Alwin's Superstore	Almond Blvd. +501 822-2776
Brodies Belmopan	Brodies Shopping Center. +501 822-3078
Chen's Supermarket	Mountain View Blvd.
Daniel Supermarket	3662 Citron St. +501 822-4321
Fansico Shopping Center	4425 Nim Li Punit St. +501 822-1229
Five Star Shopping Center	5 Water Reservoir Area. +501 822-1541
Hydes Mini Market	Market Square. +501 822-2531
New Capital Supermarket	Hummingbird Ave. +501 822-0670
Sunny City Market	6129 Brown St. +501 822-0572



University of Belize Logistic Sheet

The Mall	Hummingbird Hwy. +501 822-3399
Kalgers Store	1 Toledo St, Belmopan, Belize +501 822-3579
Huang Mart	Constitution Drive, Belmopan +501-822-8282
MJ'S Supermarket	Hummingbird Boulevard +501-822-3579